



Cook Islands



FRIENDLY & SAFE

Hello
Kia Orana



Pukapuka
Nassau

Rakahanga
Manihiki

Penryhn

Northern Group

Suvarrow

15 Islands

2.2 million km²
1.4 million mi²

Palmerston

Southern Group

Aitutaki
Manuea
Atiu
Mitiaro
Mauke

Air New Zealand — ACK — 4hrs

Rarotonga

Virgin Aus — SYD — 6.5hrs

Air Rarotonga — PPT — 2.5hrs
Mangaia



30 Day Visa Extendable to 90

17,500 Inhabitants

170,000 Visitors / Year

English & CI Maori

New Zealand Dollar

Southern Group
Dec – Apr
min 22°C / 72°F & max 29°C / 84°F
May – Oct
min 19°C / 66°F & max 26°C / 79°F
Northern Group
All Year
min 24°C / 75°F & max 31°C / 88°F

Apr – Sept
Drier / Windier
Nov – Mar
Rainy / Cyclone Season

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Thank You – *Meitaki*